

CLASSES AT MACKAY – CONTACT INSTRUCTORS FOR MORE INFORMATION			
<i>Stuart Maskell</i> <i>Stuart.maskell@gmail.com</i>	Pilates with Props	Mon 8:30 am Sat 9 am	Hall
<i>Alex MacDonald</i> alex@alexfitness.ca	Strength & Stretch DanceFit	Mon/Wed 6:30 pm Mon/Thurs 9:30 am Sat 10 am Mon/Fri 9:30 am	Hall
<i>Tai Chi</i> <i>Kathmctavish@rogers.com</i>	Tai Chi beginners & continuing	Tues 6:30 – 8:30 pm	Hall
<i>Susan Ashbrook</i> <i>ashbrookcreative@gmail.com</i>	Art classes	Thurs 1 – 3:30 pm	Hall
<i>Justin Duhaime</i> jaduhaime@hotmail.com	Guitar studio	Wed & Thurs 3:30 – 8 pm	2 nd fl
<i>Audrey Mo</i> <i>Audreym105@gmail.com</i>	Piano studio	Tues & Thurs 3:30 – 8 pm	2 nd fl